





HONEYWELL-GARRETT RETIREES CLUB OF **ARIZONA**



Cliff Notes



PO Box 11633, Scottsdale AZ 85271-11633

Aug 2021

President

Dolf Strom 480-991-6370 2285

dolfstrom@cox.net

Vice President
Ken Krieger 602 882 7702

kennethkrieger@msn.com

Treasurer

Joan Schenamsgruber 480-888-

roberta40joan@gmail.com

Headlines

Scholarship News

Reopening of Scottsdale Senior Center Still TBD

Still looking for new members

Volunteers Needed for Treasurer, Membership Chair, Newsletter Editor, Fix-it Guys Coordinator, Scholarship Committee Chair, Scholarship Committee Treasurer

PLEASE GET VACCINATED! WE ARE LOSING TOO MANY MEMBERS

Honeywell-Garrett Retirees Club Meetings and Events

Oct 6 October Fest - Kiwanis Park, Fiesta Ramada, Tempe Dec TBD Holiday Charity Luncheon - Scottsdale Plaza Resort

Nov 4 Tovrea Castle Tour

AAC

Apr 24 2022 - Cabo San Lucas Cruise

HRSC

On-line Virtual Tours Info - HRSC Website HRSC

All Members of Valley Retirees Clubs are welcome to attend any or all events Those of you attending events sponsored by the other Clubs should inquire if those events will still be held.

The mission of the Honeywell-Garrett Retirees Club of Arizona is to provide a means for social, fellowship, and networking activity among retirees, and to be involved in community and academic environments.





President's Column

COVID-19 is still a challenge, but I am optimistic the future will be better. I hope everyone is healthy. Due to COVID-19 impact, the board decided to keep the dues at \$5 for another year. When we get back to regular meetings, we expect dues to go back to \$15

The Scottsdale Senior Center does not have a formal opening date but optimistically expects it will be open for meetings January 2022. We are upbeat that our next meeting will be January 5, 2022. Our Vice President is planning for interesting speakers

The good news is that our Events Manager Diane Bennett is planning two events for this year. The first is an October Fest on October 6 at the Kiwanis Park Fiesta Ramada in Tempe. The Club will be providing all the food: brats, sauerkraut, homemade German potato salad, and more. We have a beer permit. Please drink responsibly. There will be an accordion player for our entertainment. See page 8.

In addition, Diane also started planning our December Holiday Charity Luncheon. Tentative plan is to do the one we put together last year but had to cancel. It will be held at the Scottsdale Plaza Resort at the northwest corner of Indian Bend and Scottsdale Road.

The Club needs two to three volunteers for three functions:

Treasurer - Joan has done a great job including changing banks and managing our account to avoid extra bank charges.

Membership Chair - Stu has done an outstanding job of maintaining the Club Roster, preparing dues notices with dues due, providing email lists and paper mail lists for newsletter, and notice distribution.

Newsletter Editor – Stu also attended meetings and documented business, presentations and other news for incorporation into the newsletter plus other tasks. One person can do both jobs like Stu has or could be two people.

In addition, Gary Kains our Fix-It Guy coordinator would like to retire, and his replacement can be from our Club or one of the two other local Clubs.

The Club needs volunteers for these jobs otherwise the Club will be gone. We need members in their 60's and early 70's to become active in running the Club. Please volunteer.

As of July 31st, our treasury has a balance of \$6,981.68. We have not sent any charitable contributions out as yet for this year. The Club will continue with our charity program. Each year we donate \$100 to eight local non-profit groups. All recent new members can submit their favorite local non-profit.

The Scholarship Foundation has awarded 8 scholarships this year. STEM students received \$2500 and non-STEM received \$1875. These are the highest awards that I am aware of. Our HGRC members donated the majority of the funds, \$8295. All of our contributors should be proud for giving to a worthwhile cause.

Good news is that we have 1 new member since the last newsletter. Bad news is we had 4 passing since the last newsletter. Total membership is 470 down from 532 in our May newsletter. The newer younger members are the ones to recruit members

Looking forward to seeing everyone at our October Fest. Stay healthy.

Dolf Strom, President

Editor's Corner

Our monthly meetings are held at the **Scottsdale Senior Center**, **1700 N. Granite Reef Road**, (just north of McDowell). The meetings are held on the first Wednesday of every month, September thru May, except for December – our Holiday Luncheon. Our social hour begins at **1:00 pm**, club business is conducted at **1:45 pm**, the presentation starts at **2:00 pm** and adjournment is at **3:00 pm**. Club Monthly Board Meetings will now be held at the Scottsdale Senior Center (same location as meetings) at 11:00 am in Room 10. Feel free to bring a lunch, meet with the Board and provide your thoughts and input.

The history of Honeywell, old editions of the Newsletter and a link to Scholarship Program information and forms can be found on the HGRC webpage http://www.garrettretireesaz.com/

If there is something that you would like to see in the newsletter, or if you want to comment on the Newsletter itself, e-mail the information to smitnik@cox.net! We will publish, space available and the approval of the Board. Any comments or claims made within the publication are solely the responsibility of the individual authors and do not necessarily express the views of Honeywell Inc. or the Directors, Officers, Staff or members of the Honeywell-Garrett Retirees Club of Arizona. If we are notified of employment opportunities, we will send to members by a special email.

With our revised club guidelines that will change the roles and increase the number of Board Members, we are again encouraging members to attend Board Meetings as a guest to influence and support Club policies.

New Honeywell Corporate policy prevents providing the Club with names of new retirees or deceased employees. We need all Club Members to inform us if you know of a new retiree or the passing of a former employee.

Membership News

Change in Roster Process

- Typically the Club issues a roster to those members requesting in February after Dues have been collected and Member contact information updated. Roster processing requires on-site use of Honeywell facilities and congregate activities, thus the current Covid situation has forced a temporary change.
- If any club member wishes to know the current contact information for another member, you are welcome to contact Stu Mitnik, Membership Chair at smitnik@cox.net or 480 897-1629. Stu commits to respond within 2 days of your request.

Current Membership Status

- Current dues paying members 470; of these 441 are Arizona residents
- Current gratis members -63; of these 58 are Arizona residents

Note that all new members are allowed to pick a charity for our monthly donation.

3ENEFITS Resources Honeywell Retiree Service Center Dept. 09796 - 2601 Research Forest Drive The Woodlands, TX 77381

Phone: 1-877-258-3699

Hours of Operation: Monday through Friday 9:00 A.M.-6:00 P.M. Eastern Time Website: "Your Benefits ResourcesTM http://digital.alight.com/honeywell

Prudential Retirement 30 Scranton Office Park Scranton PA 18507-1796

800-392-4643

Northern Trust / Pensions PO Box 92922

Prudential Ins. Co of America

Chicago, Ill 60675 877-258-3699 #5

Your 2020-2021 HGRC Board of Officers and Directors

<u>Officers</u>			
President	Dolf Strom	(480) 991-6370	dolfstrom@cox.net
Vice President	Ken Krieger	(602) 882-7702	kennethkrieger@msn.com
Recording Secretary	Mark Steele	(480) 759-0233	mrdsteele@aol.com
Treasurer	Joan Schenamsgruber	(480) 888-2285	roberta40joan@gmail.com
<u>Directors</u>	_		
Editor Membership	Stu Mitnik	(480) 897-1629	smitnik@cox.net
Events Manager	Diane Bennett	(480) 994-5243	AZBennett3@cox.net
Scholarship Vice Chair	Frank Holman	(480) 994-4590	FrankHolman@cox.net
Scholarship Committee	Brian Unsworth	(480) 946-5194	brianuns@aol.com
Webmaster*	Maureen Van Dobben		maureenvandoben@gmail.com
Refreshments and Outreach	Diane Rencenberger	(480) 775-8116	jannaeren@gmail.com
Director at Large	Bob Davenport	(480) 838-9340	wrd63@cox.net

* paid position

HGRC Photographer	Volker Otto	(480) 816-9184	
HRSC Contact	Mary Barkl	<i>(480) 580-5585</i> .	barklmary@gmail.com
HRSC Board			board@hrcaz.org
AAC Contact	Keith Hughes	(623) 825-5243	keith8411@cox.net

Fix-It Guys - Gary Kains wants to retire as Coordinator Sponsored by HGRC, HRSC and AAC Retirees Clubs

Our purpose is to help club members and or surviving spouses who may need assistance with handyman type repairs and will appreciate saving some money.

Currently there are eight Fix-It guys and Gary Kains, coordinator. If you have such a need, call Gary at 480-835-6060 and leave a message giving your name, phone number, description of the job, and nearest cross streets.

We can probably help and will get back to you as soon as possible. We provide the labor at no cost to you - you furnish the cost of the materials or parts.

The Fix-It guys are:

HGRC -- Bob Davenport, Frank Holman, Stu Mitnik

HRSC -- Lee Rippstein, Dan Schott, and new member Paul Wiley

AAC -- Bob Farney, Kevin Vetter

Note from Membership Chairman

Due to the forced cancellation of Club events, dues for the 2020/2021 and 2021/2022 Club Year have been rolled back to \$5.

n Memoriam

EARL CUMMINGS
KEN DIRKS
ROBERT L. (BOB) GAEFCKE
ROYAL SAS
PAUL STEFFEN

DAN HARDAWAY NICK HUGHES JAMES (JIM) WESLEY JONAGAN JOHN VANDRUFF

Monthly Charity News

Our club donates to two types of recipients using two sources of funds. From our dues, we allocate \$100 per month to local non-profit charities. Consideration is given to charities that provided speakers to our monthly meetings. Here is a listing of last year's charities:

- Herpetological Sanctuary, January meeting
- Desert Botanical Garden, selected by Ken Krieger. VP volunteer
- Valley Youth Theater, selected by Carl Landrum newest Club member
- Board selected UMOM, St Vincent de Paul, Hospice of the Valley, AZ Science Center and Waste Not

A list of the charities that we have supported in the past is posted on our website. If you have a favorite charity you would like the club to consider for donations, please bring it to our attention.

Also from our dues, we donate \$100 per month, \$800 total, and another \$1500 per year (\$2300 total) to the Scholarship Foundation. In addition, Club members may donate directly to the Scholarship Foundation when paying dues.

Need your help

We have lost contact with:

Dennis Thomason Gary Armstrong

Jesse Begley Bill Rickey

If anyone has contact information for any of these members, please call or email Stu Mitnik at 480-897-1629 or smitnik@cox.net

Volunteers being sought for the following positions (functions and duties for HGRC positions may be found in the March issue of Cliff Notes:

Treasurer (elected Officer of the Club) Membership Chair Newsletter Editor Fix-it Guys Coordinator Scholarship Committee Chairperson

Scholarship Committee Treasurer



HRSC & HGRC Scholarship Foundation Program Update

CALLING ALL MEMBERS - ESPECIALLY GRANDPARENTS!

Honeywell retirees are fortunate to have a Scholarship foundation providing monetary awards for college expenses to eligible members' descendants. Our members and Honeywell Aero are very generous each year in providing the donations which fund these awards. Joining the Scholarship Board, as either a Board member or the Chairperson or Treasurer, you get to see how the next generation is planning for their future.

If one of your relatives has been a recipient of a Scholarship monetary award, or is currently in the reward cycle, you are the perfect person to serve on the Scholarship Board! We ask that you give serious consideration to joining us — we would love to have you! As you can see on the next page, there is not a great deal of time needed to volunteer. The current Chairperson and Treasurer will make sure there is a smooth transition. We will need of a new Chairperson and Treasurer beginning in late August/early September when the new academic cycle be-

Your Scholarship Board spent the month of April reviewing the applications we received for the 2021-2022 academic year and making award dollar determinations. Here are the details:

- Our donations this year totaled \$17,000 with Honeywell Aerospace again donating \$8,000! Your continued support helped us achieve this awesome amount THANK YOU!!!!
- We had a total of 8 applications this year (see next page), down from the 14 we had last year. Of the 8 applicants, 3 are STEM students.
- Additional monetary consideration was given to our STEM students as Honeywell considers that a priority.
- Our 3 STEM students will receive \$2,500 each and our 5 remaining students will receive \$1,875.

Your Honeywell Retiree Clubs Scholarship Foundation Board:

Cheryl Wiley	Foundation Board Chair azwileys@cox.net		623 512 1634
Mary Harris	Secretary/Treasurer mary.harris@cox.net		602 993 6308
Brian Unsworth,	ASU Representative brianuns@aol.com		480 946 5194
Paul Christopherson	U of A Representative	pdchristopherson@gmail.com	480 363 9952
Cheryl Wiley	NAU Representative	AU Representative azwileys@cox.net	
Frank Holman	Vice Chair	frankholman@cox.net	602 695 2565

2021 Scholarship Recipients

<u>NAME</u>	<u>UNIVERSITY</u>	DEGREE
Otto Brink	ASU	Political Science
Ryan Carlo	U of A	Public Health
Paige Nye	U of A	Neuroscience and Cognitive Science
Lydia Roberts	U of A	Architecture
Rachel Tutnick	ASU	Psychology
Camille Unsworth	ASU	Applied Biological Sciences
Meghan van Dobbe	n ASU	Secondary Education
Macy Zimmerman	ASU	Sports Business







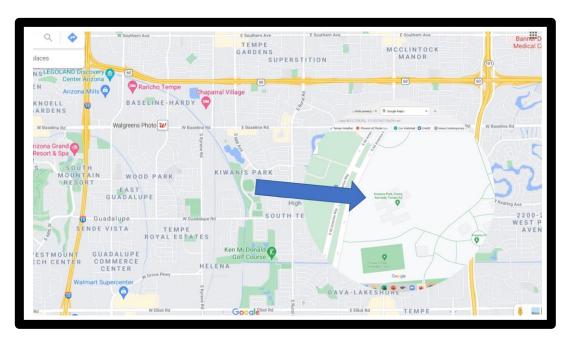
Can't believe someone broke into my garage and stole the limbo stick. Seriously, how low can you go.

OCTOBERFEST

RETURN TO KIWANIS PARK OCTOBER 6, FIESTA RAMADA 1-6 PM







Menu Includes:



- Bratwurst
- Sauerkraut
- Warm German Potato Salad
- Iced Tea, Coffee, Beer
- Dessert



Door Prizes, 50/50 Drawing &

Price - \$25 per Person

If interested, you need to let Diane Bennett know so please call her ASAP at (480) 994-5243

Circumstances due to COVID may require PROOF OF VACINATION OR MASKS



Q: Doctor, I've heard that cardiovascular exercise can prolong life. Is this true?

A: Heart only good for so many beats, and that's it. Don't waste time on exercise. Everything wear out eventually. Speeding up heart not make you live longer; its like saying you extend life of a car by driving faster. Want to live longer? Take nap.

Q: Should I reduce my alcohol intake?

A: Oh no. Wine made from fruit. Fruit very good. Brandy distilled wine, that means they take water out of fruity bit so you get even more of goodness that way. Beer also made of grain. Grain good too. Bottoms up!

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of one, sorry. My philosophy: No pain...good!

Q: Aren't fried foods bad for you?

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetable be bad?

Q: Is chocolate bad for me?

A: You crazy?!? HEL-LO-O!! Cocoa bean! Another vegetable. It best feel-good food around!

Q: Is swimming good for your figure?

A: If swimming good for figure, explain whale to me.

Q: Is getting in shape important for my lifestyle?

A: Hey! 'Round' is also a shape!

Finally, the Japanese Doctor summed up: Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways - Beer in one hand - chocolate in the other - body thoroughly used up, totally worn out and screaming "WOO-HOO, what a ride my life was"!!! Eat whatever you like because you will still die.

- 1. The inventor of the treadmill had died at the age of 54
- 2. The inventor of gymnastics died at the age of 57
- 3. The world bodybuilding champion died at the age of 41
- 4. The best footballer in the world Maradona, died at the age of 60.

BUT

- 5. The KFC inventor died at 94.
- 6. Inventor of Nutella brand died at the age of 88
- 7. Imagine, cigarette maker Winston died at the age of 102
- 8. The inventor of opium died at the age of 116 in an earthquake
- 9. Hennessey inventor died at 98.

How did these doctors come to the conclusion that exercise prolongs life?

The rabbit is always jumping up and down but it lives for only 2 years and the turtle that doesn't exercise at all, lives 400 years.

So, Take some rest, Chill, Stay cool, eat, drink and enjoy your life. You will still die.

Events Info for other Valley Clubs

To avoid finding out that events you may be interested in attending are sold out – all events are being posted at the HRSC website and AAC website www.hrcaz.org www.AeroActivitiesClub.com

Click on **Events Schedule** then click on the event you are interested in to find details on how to sign up



